

# **ANGER MANAGEMENT GROUP PROGRAM 4-HOUR ADVANCED TRAINING FOR FACILITATORS**

**Presented by John Hamel, Ph.D., LCSW**

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Most states mandate that anyone convicted of a crime involving an assault on another person complete a court-approved anger management program. Some states have approved a short-term anger management group program for individuals convicted of a misdemeanor domestic violence offense. John Hamel and his staff at John Hamel & Associates conduct such a program in the San Francisco Bay Area, serving convicted clients, as well as individuals referred through Child and Family Services, Family Court and those seeking help on a voluntary basis. This 4-hour seminar now makes the program available to anger management counselors and batterer intervention providers. Features:

- Overview of relevant family violence research
- Detailed, week-by-week review of Facilitator's Manual and the 16 weekly lessons
- Thorough review of 100+ page Participant Workbook, including introduction, progress logs, informational handouts and exercises
- Master copies of Facilitator Manual and Participant Workbook *provided free of charge to all facilitators for future use at their agency*

The psychoeducational, small group format encourages client participation, while providing practical strategies for overcoming aggression and improving relationship skills. Workbook includes progress logs and weekly exercises to facilitate learning. Topics include: The negative and positive functions of anger, neuropsychological correlates of aggression, proven anger management techniques, coping with stress, identifying cycles of abuse, the impact of conflict and abuse on children, and effective communication and conflict resolution skills

**Agency Rate: \$1,950 (3 or more)**

**Individual Rate: \$1,250**

**(Includes unlimited future use of course materials)**

**Trainings conducted on the Zoom platform**

**TRAININGS CAN ALSO BE CONDUCTED AT YOUR AGENCY AT A TIME OF YOUR CHOOSING FOR REGULAR COST PLUS TRAVEL EXPENSES.**

**For more information, call: John Hamel, LCSW (415) 472-3275**

**John Hamel, LCSW** has a Masters in Social Welfare from U.C.L.A. and has conducted family violence programs in the San Francisco Bay Area since 1992. He is the author of *Gender-Inclusive Treatment of Intimate Partner Abuse* (Springer, 2005) and co-editor of *Family Interventions for Domestic Violence: A Handbook of Gender-Inclusive Theory and Treatment* (Springer, 2007). Mr. Hamel provides professional consultation, training and court expert testimony, and has spoken on family violence in a variety of settings, including the 2006 AFCC conference and the 2006 International Family Violence Conference, and has presented on many occasions at the annual conference of the Institute on Violence and Trauma. His latest book is *Intimate Partner and Family Abuse: A Casebook of Gender Inclusive Therapy* (Springer, 2008). John can also be contacted via e-mail at: johnmhamel@comcast.net